

Horaire LNM, SlowUp 2023

| | 21 | SP | | | | | |
|----------------|-------|-------|---|-------|-------|-------|-------|
| Neuchâtel | 09:15 | 09:50 | Course "SP" uniquement en cas de beau temps | | | | |
| La Sauge | 09:52 | 10:27 | | | | | |
| Camping 3 Lacs | 10:09 | 10:44 | | | | | |
| Sugiez | 10:20 | 10:55 | | | | | |
| Morat arr. | 10:35 | 11:10 | SP | 26 | | | |
| Morat dép. | | | 16:25 | 17:05 | | | |
| Môtier | | | 16:42 | 17:22 | | | |
| Praz | | | 16:48 | 17:28 | | | |
| Sugiez | | | 17:03 | 17:43 | | | |
| Camping 3 Lacs | | | 17:14 | 17:54 | | | |
| La Sauge | | | 17:31 | 18:11 | | | |
| Neuchâtel | | | 18:10 | 18:50 | | | |
| | 611 | SP | 613 | SP | 615 | SP | 617 |
| Morat | 10:45 | 11:20 | 12:15 | 13:25 | 14:15 | 14:55 | 15:40 |
| Praz | 11:02 | 11:40 | 12:32 | 13:45 | 14:32 | 15:15 | 15:57 |
| Môtier | 11:08 | 11:46 | 12:38 | 13:51 | 14:38 | 15:21 | 16:03 |
| Vallamand | 11:25 | 12:06 | 12:55 | 14:11 | 14:55 | 15:41 | 16:20 |
| Faoug | 11:40 | 12:21 | 13:10 | 14:26 | 15:10 | 15:56 | 16:35 |
| Morat | 12:00 | 12:40 | 13:30 | 14:45 | 15:30 | 16:15 | 16:55 |